

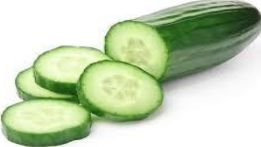


# Lunch Menu

Fort Montessori Academy

February 2018

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>1</b> nv) rotini & meat sauce (turkey) v) rotini pasta, tofu & marinara tossed salad & ranch peas & carrots milk/ fruit	<b>2</b> <b>Cheese Pizza</b> Salad w/ranch Milk
<b>5</b> nv) chicken nuggets v) vegetable nuggets mix vegetable mashed potato milk/ fruit	<b>6</b> v/nv) cheese ravioli salad dinner rolls milk fruit	<b>7</b> nv) chicken taquitos v) bean & cheese burrito spanish beans spanish rice milk / fruit	<b>8</b> nv) turkey hot dog v) veggie hot dog corn ranch beans milk/ fruit	<b>9</b> <b>Cheese Pizza</b> Cucumbers w/ranch Milk
<b>12</b> <b>Veggie Fried Rice</b> Pineapple Milk	<b>13</b> v/nv) Mac & cheese mix green/ranch peas & carrots milk fruit	<b>14</b> nv) fish sticks v) cheese sticks tater tots green beans milk/ fruit	<b>15</b> nv) turkey soft taco v) bean & cheese burrito spanish beans spanish rice milk / fruit	<b>16</b> <b>Cheese Pizza</b> Carrots w/ranch Milk
<b>19</b> nv) chicken dino nuggets v) vegetable nuggets mix vegetable mashed potato milk/ fruit	<b>20</b> nv) Italian chicken meat ball v) vegetable sticks white rice mix vegetable milk/ fruit	<b>21</b> nv) turkey corn dog v) cheese sticks corn ranch beans milk/ fruit	<b>22</b> nv) spaghetti & meat sauce (turkey) v) spaghetti, tofu & marinara tossed salad & ranch peas & carrots milk/ fruit	<b>23</b> <b>Cheese Pizza</b> Salad w/ranch Milk
<b>26</b> nv) chicken f. chicken v) vegetable patty mashed potato green beans milk/ fruit	<b>27</b> v/nv) Mac & cheese mix green/ranch peas & carrots milk fruit	<b>28</b> nv) turkey & cheese sandwich v) cheese sandwich lettuce & tomato vegetable sticks with Dip milk/ fruit		

Children's Lunchbox \*\*\* (214)562-4015

2% milk is served with lunch daily. Vegetarian menu is available for those with dietary restrictions. Water is served daily