

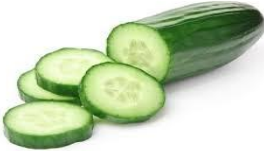



Lunch Menu

Fort Montessori Academy

September 2017

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Cheese Pizza Celery w/ ranch
4 CLOSED	5 v/nv) Mac & cheese mix green/ranch mix vegetable milk fruit	6 nv) chicken taquitos v) bean & cheese burrito spanish beans spanish rice milk / fruit	7 nv) rotini & meat sauce (turkey) v) rotini, tofu & marinara tossed salad & ranch peas & carrots milk/ fruit	8 Cheese Pizza Cucumbers slices w/ ranch
11 nv) chicken nuggets v) veggie nuggets green beans mashed potato milk/ fruit	12 nv) turkey hot dog v) veggie hot dog corn ranch beans milk/ fruit	13 Veggie fried rice Pineapple milk	14 nv) turkey soft taco v) bean & cheese burrito spanish beans spanish rice milk / fruit	15 Cheese Pizza Salad w/ ranch
18 nv) chicken parmesan v) vegetable patty broccoli & cheese mashed potato milk/ fruit	19 v/nv) cheese ravioli salad dinner rolls milk fruit	20 nv) turkey corn dog v) cheese sticks corn ranch beans milk/ fruit	21 nv) turkey & cheese sandwich v) cheese sandwich lettuce & tomato vegetable sticks with Dip milk/ fruit	22 Cheese Pizza Carrots w/ ranch
25 nv) chicken dino nuggets v) vegetable nuggets carrots mashed potato milk/ fruit	26 nv) fish sticks v) cheese sticks tater tots green beans milk/ fruit	27 v/nv) Mac & cheese mix green/ranch peas & carrots milk fruit	28 nv) chicken f. chicken v) vegetable patty corn ranch beans milk/ fruit	29 Cheese Pizza Cucumber Slices w/ ranch

Children's Lunchbox * (214)562-4015**

2% milk is served with Lunch daily. Vegetarian menu is available for those with dietary restrictions; Water is served daily